

13 February | Auckland

Swimmer Profile	
Name: Jenna Barrett	17
Club: Aquabladz	Coach: Sue Southgate
	About
Greatest achievement in swi	mming:
Podium placings at NAGS	
Major goals for the next 2 years:  Train hard to maximise my potential in the pool and surf and have FUN along the way!	
What is your pre-race ritual?	?
Common sense stuff-A Good nig nutrition and full focus on the ch	ght's sleep, sensible hydration and hallenge.
If you could only eat one thin would it be?	ng for the rest of your life what
Blueberries	
Who or what inspires you an	nd why?
I'm self-motivated and driven by a sporting family environment that's never short of positive banter, support and advice!	
School/University/subjects/	company/position?
Head Girl at Sacred Heart Collec	ge New Plymouth 2016